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**Dear Member,**

**I wanted to thank you for making an appointment with us for a preventative physical examination at our office. The best reasons for undergoing a preventive medical examinations is to identify the medical problems you will most likely face in the future, and focus on them early enough to affect their outcomes. This, of course, is not a one-time experience, but is best accomplished with regular periodic check-ups. We have a large medical practice with six physicians that practice internal medicine. Three of our physicians are also gastroenterologist and one physician is a hematologist/oncology.**

**Some of the testing that will be done at the time of the visit is:**

**Complete physical examination  
Complete history  
EKG  
Chest X-ray  
Blood test to include CBC, CHEM, Thyroids, Allergy, Hemoglobin, A1C and Lipid Profile.  
Urinalysis  
Pulmonary Function Test  
Hearing evaluation  
Vision test  
Ultrasound if necessary  
Balance if necessary  
Nerve if necessary  
Sleep Apnea available if requested.**

**We have the ability to do a balance test, a memory test, ultrasounds, neuropathy testing, bone density and a echocardiogram if necessary. All of this testing is at no cost to the patient.**

**I have enclosed some paperwork that you can complete and bring with you on the day of your appointment.**

**Please remember that it is recommended not to eat or drink anything prior to your visit.**

**I have also included a stool OC Auto collection kit. When you come in for your visit please bring it with you.**

**We will need your insurance card since we will be billing your insurance company for your visit and then billing the union for the co pay.**

**There will be no out of pocket expenses to you for this exam.**

**If for some reason you do receive a bill please email, fax or mail it to me and I will take care of it.**

**On behalf of all my physicians and my staff we welcome you and look forward to meeting you.**

**If you have questions please feel free to email me or call me. Please call 212-725-5300 to make your appointment.**

**Sincerely,**

**Nora Viola  
Practice Administrator**